

PEER SUPPORT SERVICES

What Are Peer Support Services?

Peer Support Services at Shiawassee Health & Wellness are services and supports provided by persons in recovery, who have a mental illness, to beneficiaries of the public mental health system. The individual's life experience provides expertise that professional training alone cannot redo. Activities provided by Peer Support Specialists are completed in partnership with the consumer and service provider. The Peer Support Specialist is available to provide the consumer with information and support at all phases of recovery, from emergency to outpatient or inpatient settings.

Who Is Eligible for Peer Support Services?

Individuals who are currently enrolled in services at Shiawassee Health & Wellness and who meet service eligibility criteria.

How To Get Peer Support Services?

Request this service from your Shiawassee Health & Wellness primary service provider.

What Are Parent Support Partners?

Parent Support Partners are similar to Peer Support Specialists except they are trained specifically to work with families. The Parent Support Partner is a parent or primary caregiver of a child with emotional, behavioral and/or mental health challenges. Parent Support Partners help empower families to access and obtain resources in the community, partner with service providers, and increase their confidence in parenting so that all family members can remain in the community. They serve as an example and mentor to other parents. They engage family members and provide peer-to-peer support, education and training to families who are receiving services.

What Are Some Peer Support Services Examples?

The following are some examples of services and support that the Peer Support specialist may provide:

- Community Activities
- Crisis Support Skills
- Education/Employment/Vocation Assistance
- Housing Assistance
- Support Contacts
- Social Networking
- Mentoring
- Advocacy

About Us

Shiawassee Health & Wellness is a public mental health agency with a dedicated team of experienced mental health professionals who provide compassionate care, supported by evidenced based practices.

For more information, please contact us: Shiawassee Health & Wellness, 155 Industrial Drive, Owosso, Michigan 48867 Telephone: (989) 723-6791 or (800) 622-4514 TTY: (989) 723-0850
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