

## WHAT IS TELEPSYCHIATRY?

There's no question that a lack of access to proper psychiatric care is one of the biggest struggles of the American public health system. While psychiatry is traditionally one of the branches of medicine least affected by technological change, recent advances in videoconferencing technology have proven effective in bringing professional mental health care to underserved populations.



This practice — known as telepsychiatry — is one of the most promising developments in the fight to provide more patient-centered, affordable and effective interventions for individuals who need psychiatric care.

## HOW IT WORKS

At the time of your appointment, you will be led into a private room by our Medical Assistant. The Medical Assistant will take your vitals, communicate them to your provider and then leave the room (you may request her/him to stay) and your consultation with your provider will begin.



These telepsychiatry sessions are private and confidential. Over time, patients and practitioners develop a strong relationship.

## LEARN MORE

We pride ourselves in being telepsychiatry experts. Check out our website at [www.iristelehealth.com](http://www.iristelehealth.com) or follow us on social media for more!

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## MEET DR. JASKIRIT GILL



Dr. Gill is a Board Certified Psychiatrist who has served as a Clinical Instructor of Psychiatry for the University of Maryland and University of North Texas Health Sciences Center (UNTHSC). She has spent the past 7 years working as a Psychiatrist in multiple states, assessing and intervening with patients in inpatient, psychiatric emergency, and outpatient community settings. She has led teams on forensic, state hospital, specialized trauma and personality disorder, severe mental illness, and substance abuse settings.

She has won awards for her work as a top performing resident and was elected for two years as a Resident-Fellow Representative for the Texas District Branch of the American Psychiatric Association. She is currently involved with the Washington Psychiatric Society and has conducted research in PTSD and Anxiety.

Dr. Gill has had a personal connection to the field at a young age growing up with a brother who has autism. She is very passionate about providing services to the under-served, helping patients achieve their potential, and improving access to care.

Dr. Gill is an animal lover with all three of her dogs having come from a rescue shelter, with love spanning from her 8 lb Chinese Crested Chihuahua to her 60 lb Blue Staffy. She enjoys, running, traveling, and learning “secret” family recipes from her 86 year old Grandmother.

